



# LUNCH

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE ONE</b>	<b>Meat free Monday</b>  Creamy leek pasta bake Herby Ratatouille crumble Garlic bread Roasted peppers Dressed salads	Green Thai chicken curry	Meatball and garlic bread tray bake	Classic shepherd's pie	<b>Street food chip shop</b>  Breaded fish Jumbo sausage  Pepper and watercress quiche  Spiced wedges, peas & baked beans Curry sauce Pickled onion
<b>MAIN COURSE TWO</b>		Roasted sweet potato curry	Quorn balls and garlic bread tray bake	(Pissaladière) Caramelised red onion and rocket tart	
<b>ON THE SIDE</b>		Steamed rice Naan bread Mango chutney	Diced potato sweetcorn and braised cabbage	Roasted broccoli Steamed carrots	
<b>PASTA &amp; JACKETS</b>	Tomato and basil sauce	Tomato and Basil Sauce	Tomato and basil sauce	Spinach and broccoli cream sauce	Tomato and basil sauce
	Baked beans	Baked beans	Baked beans	Tomato sauce Baked beans	Baked beans
<b>DESSERT</b>	Raspberry and white choc muffins	Baked rice pudding with fruit compote	Lemon drizzle	Ginger sponge and custard	Choc ice